



JANUARY 5, 2026

PUBLIC SERVANT QUOTE 2

*Rick Perry, Former Secretary of the U.S. Department of Energy
Former Governor of Texas*

VERSE OF THE WEEK 3

Psalm 1:2-3

MINISTRY UPDATE 4

*When Faith Crosses Party Lines:
A Story of Salvation and Friendship in the Vermont State Capitol*

ABOUT CAPITOL MINISTRIES 8



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The Political Leaders Weekly Bible Study

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Buoying Your New Year's Resolution to Study the Bible



There are so many profound and wonderful benefits that result to those who have formed a lifelong habit of studying the Word of God! The Psalmist says of such a person, *But his delight is in the law of the Lord, and in His law he meditates day and night. He will be like a tree firmly planted by streams of water, which yields its fruit in its season and its leaf does not wither; and in whatever he does he prospers* (1:2–3). It follows that you need a refreshed commitment this year to participate

Continued next page

WEEKLY BIBLE STUDIES

White House Cabinet and Governors: Wednesdays 8am (EST), light breakfast served

Senate Members: Tuesdays 8am, rotating offices, hot breakfast served

House Members: Thursdays 8am, Natural Resources, Longworth 1334, hot breakfast served



PUBLIC SERVANT QUOTE

Rick Perry

*Former Secretary of the
U.S. Department of Energy
Former Governor of Texas*



“I’m a big believer that you must have a base of beliefs, the foundation of who you are as a person, and in my case it’s grounded in my Judeo-Christian beliefs. ... Day to day things happen, and biblical verses can have an impact.

“The point of studying the Bible—with listening to God speak to you through His Scripture, through His words—is the wisdom that is there and the wisdom that gets imparted.

“I was a pilot in the U.S. Air Force and the one thing that would keep you alive, or keep you from getting hurt, is if you follow your checklist. The Bible will serve you as a really good checklist.”

Buoying Your New Year’s Resolution to Study the Bible

in Bible study with your Ministry Leader. You need to resolve and pledge before God (and your scheduler!) to make Bible study a priority. Please remember to invite your colleagues. Together, let’s continue to partner and *Make Disciples of Jesus Christ in the Political Arena Throughout the World*. At Capitol Ministries, we commit afresh to uphold our end of the bargain in order to make your time worthwhile—providing a high protein diet of the Word of God so as to build your spiritual musculature. That’s our deal. What follows are 15 scriptural benefits for those who diligently study God’s Word. May this help undergird your New Year’s resolution to grow spiritually in 2026! Read on, friend!

I. INTRODUCTION

The Bible states that it is the written communication from God to mankind. This is the clear testimony of its writers. In 2 Timothy 3:16-17 Paul states, *All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work.* In 1 Thessalonians 2:13 he states similarly, *For this reason we also constantly thank God that when you received the word of God which you heard from us, you accepted it not as the word of men, but for what it really is, the word of God, which also performs its work in you who believe.* In 2 Peter 1:20-21, Peter states, *But know this first of all, that no prophecy of Scripture is a matter of one’s own interpretation, for no prophecy was ever made by an act of human will, but men moved by the Holy Spirit spoke from God.* Countless other passages attest to the Bible’s godly origin.

So, what are some of the practical benefits from a habitual lifetime of studying words inspired by God Himself? Think about that! This week let’s examine some of those words! My hope is that as a result you will gain a greater conviction to diligently study His Book—and further strengthen a very positive lifetime habit! Your Ministry Leader is available to help you achieve that goal.

II. FIFTEEN BENEFITS FROM STUDYING GOD’S WORD

A. IT WILL INFORM YOU OF SALVATION

So faith comes from hearing, and hearing by the word of Christ (Romans 10:17).

True saving faith comes from hearing the message about Christ; the unadulterated Gospel message is codified in the Scriptures. Beware of associating with “spiritual” groups in the Capi-



tol or churches back home that really don't believe in the exclusivity of saving faith in Christ alone. Salvation by faith in Christ alone is the clear message of Scripture, and it trumps what others may teach. Without the Word, how would you know for sure that salvation is through faith in Christ alone? Unless you study the Word on your own, how could you possibly be sure you are saved? You would be lost in various opinions. The first benefit from studying the Word is the assurance of your personal salvation.

B. IT WILL TEACH YOU

All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work (2 Timothy 3:16–17).

As stated in the introduction that the Bible attests to being the Word of God, so it follows that the Bible would contain the truth necessary for living in a way that honors your Maker while in this world—and how to survive and prosper in the Capitol! It does! It is the basis for our confidence in the standards of right and wrong.

The Bible is the final arbiter of truth, far surpassing the certitude and authority of polls, pundits, or party opinions.

Therefore, you need to know its contents—allow it to teach you—so that you can benefit from what it says and be adequate and equipped! Why not be informed by the greatest tool we could possibly possess to successfully

navigate the often-treacherous waters of both the Capitol and the district—to say nothing of the events we all face in our personal, everyday lives?

C. IT WILL GUIDE YOU

For the commandment is a lamp and the teaching is light; and reproofs for discipline are the way of life (Proverbs 6:23).

Your word is a lamp to my feet and a light to my path (Psalm 119:105).

The words *lamp* and *light* are picturesque descriptors of God's revealed intention, that His Word might be a guide for you! Like a flashlight on a dark night, the Word can keep you from stumbling down the path of life. Instead of being double-minded and equivocating on matters of importance, God wants you to walk always with confidence and assurance in the Capitol! Such confidence can only come to those who study and know His Word!

D. IT WILL COUNSEL YOU

Your commandments make me wiser than my enemies, for they are ever mine (Psalm 119:98).

Unlike other political operatives, those steeped in Scripture can be consistently correct in their positions on policy! How? Learn and hold on to God's principles! They are unfailing, immutable, and everlasting! For sure, knowing His commandments will make you much wiser in the Town Hall, Congress, or the White House than the ungodly. But if you want to be wise, you must pay the price of learning the Word first.

VERSE OF THE WEEK



Psalm 1:2–3

But his delight is in the law of the Lord, and in His law he meditates day and night. He will be like a tree firmly planted by streams of water, which yields its fruit in its season and its leaf does not wither; and in whatever he does he prospers.



Resolve and commit before God to make Bible study a priority!



When Faith Crosses Party Lines: A Story of Salvation and Friendship in the Vermont State Capitol

Serving in the Vermont State House can be spiritually isolating for legislators. Former Representatives Vicki Strong (Republican) and Tom Bock (Democrat) shared how Capitol Ministries brought encouragement, fellowship, and the life-changing truth of God's Word into an environment often resistant to faith—one in which cross-party friendships are uncommon.



Vicki, a Gold Star mother and six-term legislator, entered the State House unsure how she could live out her faith in what she described as "rocky

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Buoying Your New Year's Resolution to Study the Bible

Your testimonies also are my delight; They are my counselors (Psalm 119:24).

Remember that you live to please only the One Whom you will someday be face-to-face with at the judgment seat. Allow the Word of God to trump ungodly consultants and their opinions. The degree to which you commit yourself to learn the Word of God is the degree to which you can benefit from its counsel. For instance, Psalm 1:1 counsels you to hire godly, versus ungodly people to be on your staff. Failing to adhere to God's clear counsel in this case means you could end up being embarrassed and harmed.

E. IT WILL RESTORE YOU

The law of the Lord is perfect, restoring the soul; the testimony of the Lord is sure, making wise the simple (Psalm 19:7).

This passage indicates that the Word will restore your soul. Said another way, the law of the Lord has the power to revive the inner person and strengthen him or her in times of despondency.

Similar to the need to plug in your laptop in order to recharge it, it is absolutely necessary to plug into the Word to recharge your spiritual strength.

Bible study is akin to that—it will keep you energized, friend! As draining as the public service is, how can you possibly expect to survive over the long term apart from plugging into Bible study? It will make you wise and help you learn from mistakes so as to not repeat them over and over again. The

consistent study of God's Word keeps you mentally healthy, stable, strong, and emotionally even! This all means you will be more industrious and productive over the course of your life than someone who is not in the Word. Allow the Word to constantly restore and recharge your batteries!

F. IT WILL WARN YOU

Moreover, by them Your servant is warned; in keeping them there is great reward (Psalm 19:11).

The word, "them" in this passage refers to the Scripture. Most of the problems one faces in life are self-induced, directly related to disobedience or else ignorance of scriptural principles. Disobedience stems from a lack of inner strength, or put another way, the inability to resist temptation.

To know Scripture intimately is to inform and bolster our consciences so that in times of temptation we will be strong enough to do what is biblically correct.

It follows, then, that if we prioritize the time to place Scripture in our minds, the Holy Spirit will be faithful to use it to warn us of danger: if we lack intake, we will have a weaker warning device. To be convicted and be victorious over temptation, and in keeping with Scripture on a matter, there is great reward!



G. IT WILL NOURISH YOU

Like newborn babes, long for the pure milk of the word, that by it you may grow in respect to salvation (1 Peter 2:2).

Revealed in this passage is the formula for growth (pun intended). There can be no consistent growth without a consistent intake of biblical nourishment which is why biblical feeding is the primary responsibility of a good shepherd. ***In pointing out these things to the brethren, you will be a good servant of Christ Jesus, constantly nourished on the words of the faith and of the sound doctrine which you have been following*** (1 Timothy 4:6).

Watch out for ministers who are not consistently nourished and nourishing others by the Word. Some of these ministers focus on a feelings-oriented, shortcut brand of “Christianity” that emphasizes the performance of sign gifts in place of studying and teaching the Word of God. Those who practice these things are then mistakenly assigned spiritual maturity. But don’t be fooled! Physical strength comes by going to the gym every day and lifting weights; spiritual strength comes by going to the Word every day and studying it. Studying the Word is hard work, but if you pay the price over many years of life, its truths will give you endurance and strength like nothing else! You will be characterized by sound doctrine because of your high protein diet and daily exercise from the Word of the faith!

God intends for His Word to nourish you today as no sign gift can! There are

no miraculous shortcuts to spiritual growth my friend; it is a lifelong, disciplined task to grow strong in Christ, but the benefits are both immediate and eternal, so get with others in a serious Bible study with a serious teacher! God intends for Bible study teachers to be like coaches who will watch over, encourage and motivate you to make improvement—as well as offer a strong reproof when you need it. (That’s the reason simply reading Bible studies without interacting with a Bible study group is less effective.)

H. IT WILL JUDGE YOU

For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart (Hebrews 4:12).

We could spend a week studying this verse. It is so loaded with profundities! Suffice to say God’s Word exposes false believers and disobedient believers. It is alive, ***living***, and ever ***active!*** If you expose yourself to the Word, it will in turn judge you at times because it is empowered by God to do so.

“So will My word be which goes forth from My mouth; it will not return to Me empty, without accomplishing what I desire, and without succeeding in the matter for which I sent it” (Isaiah 55:11).

When the Word is proclaimed, it will not return empty. In its proclamation it always accomplishes what God desires.

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spiritual soil.” She found little spiritual support until Capitol Ministries began weekly Bible studies.

“Once a week we’d pray and hear God’s Word. I’d continue to walk in that state house and say, ‘Lord, I’m encouraged through the ministry of Capitol Ministries. Just give me boldness.’”

Tom, who had been away from church for 50 years, initially had no interest in Christianity. Yet through conversations with Vicki—despite their political differences—and through CapMin’s presence in the Capitol, God began working in his heart. Over time, he came to faith in Christ.

“I am grateful to Capitol Ministries. It was just such a breath of fresh air,” he said.

Continued next page



Buoying Your New Year's Resolution to Study the Bible

Continued from page 2

"We had great conversation and ... read the Scriptures. We never wanted to leave. It was a great experience," Tom shared.

Today, Pastor Aaron Clark leads the weekly Bible study for Vermont legislators, continuing the ministry begun by Pastor Rosaire Bisson.

Pastor Clark first volunteered with Capitol Ministries in 2022 and assumed leadership of the study in 2024. His passion is to bring the light of Christ into the lives of public servants who often face intense pressure and limited spiritual support.

"I long to see legislators move from darkness to light—to love the Lord and love His law," Pastor Clark said.

Even in one of the least religious states in the nation, Capitol Ministries is witnessing God transform hearts and strengthen believers to serve faithfully—across party lines.

Vicki reflected that, despite twelve years of legislative victories, nothing compared to the day she led Tom to Christ and watched his life change.

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Oft times it is exposing the real motives and intentions of men's hearts. For the sensitive believer such exposure is welcome because it leads to repentance, growth, and eventual blessing. That is what is meant by *succeeding in the matter for which I sent it.*

I. IT WILL SANCTIFY YOU

"Sanctify them in the truth; Your word is truth" (John 17:17).

Sanctify as it is used throughout Scripture means a setting apart for Christian maturation. We grow through grappling with truth and as already stated, ultimate truth only stems from knowing the Scriptures. This fact is repeated as Christ's intended means of maturing His Church.

So that He might sanctify her, having cleansed her by the washing of water with the Word (Ephesians 5:26).

Notice that the means God uses to wash or *sanctify* is with the Word. It follows that a failure to study the Word means there will be a lower degree of personal spiritual cleanliness. Granted, sanctification is more than knowledge of the Word, but it is nothing less.

J. IT WILL FREE YOU

So Jesus was saying to those Jews who had believed Him, "If you continue in My word, then you are truly disciples of Mine; and you will know the truth, and the truth will make you free" (John 8:31–32).

True believers always hunger to be obedient, or said another way, to abide in the Word. The Greek root for disciples (*mathetes*) means more than "followers." We get the English word for "math" from this Greek root: "to be able to add up or calculate, figure out." In other words, true believers always want to know more about God and want to be obedient to Him. They have an inner, Holy Spirit-driven desire to learn! Conversely, if a person has no desire to figure out the Word and be obedient to God then he is fooling himself into thinking he is saved when the biblical evidence clearly indicates he is not (cf. 2 John 9). Last, the truly redeemed have a deep-seated sense of sheer freedom from the weight of sin. We reap what we sow. It follows that the less we sin, the less we reap the deleterious effects of sin. Those who study the Word are generally characterized by greater joy, laughter, and fruitfulness in life.

K. IT WILL ENRICH YOU

Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God (Colossians 3:16).

Richly dwell means the Word will make you "extravagantly or abundantly rich." The Word of Christ refers to the whole of Scripture. To the level that God's Word saturates and controls our life is the level to which we will live enriched and overflowing with thankfulness to God—positively pouring those riches into the lives of others.



L. IT WILL PROTECT YOU

Your word I have treasured in my heart, that I may not sin against You
(Psalm 119:11).

How do we live with less sin? The key to overcoming sin is to treasure God's Word in our heart. Coach John Wooden often quoted the famed 19th century American evangelist Dwight L. Moody, "Either sin will keep you from this Book, or this Book will keep you from sin." This passage underscores that idea.

M. IT WILL STRENGTHEN YOU

My soul weeps because of grief; strengthen me according to Your word
(Psalm 119:28).

The result of sin is various grievances: agony, guilt, and loss of vigor, to mention but a few. The Psalmist's remedy? Be strengthened by the Word.

N. IT WILL EMBOLDEN YOU

Even though princes sit and talk against me, Your servant meditates on Your statutes (Psalm 119:23).

Do you want to have the courage to do what is right no matter what the pressure is from others, even your caucus? Get into the Word!

You will be emboldened by subjecting your mind to God's Word; it will give you the stamina to keep swimming against the tide of worldly directions (such as runaway spending and lawlessness). Just make sure you are bold with-

out being self-righteous—be loving and stand for God's righteousness instead.

O. IT WILL PROSPER YOU

But his delight is in the law of the Lord, and in His law he meditates day and night. He will be like a tree firmly planted by streams of water, which yields its fruit in its season and its leaf does not wither; and in whatever he does, he prospers (Psalm 1:2-3)

This study ends where we started. Over the years we have seen so many "Christian" legislators wither. They get elected to office, and then God does not honor or sustain them because they fail to honor Him, and they lose reelection. Sometimes this defeat occurs because they have violated this principle of delighting in the law of God while in office. Rather, *they are like chaff which the wind drives away* (1:4). My heart is saddened to see this so often. James calls this being *double-minded ... unstable* in all their ways (James 1:8). Conversely, God said this to Joshua, and He says it to you:

This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success (Joshua 1:8).

This passage promises prosperity and success to those who meditate on the Word day and night! Notice this formula! Do such disciplines characterize you? Do you want to be successful?

Continued from previous page

"When you lead someone to Christ in that kind of setting, it just is the most joyful thing. ... I think that's the only way our state—our politics—will change is if we have legislators who know the Creator first of all and acknowledge our need for Him and then make laws based on that."

Through Pastor Clark's leadership and the faithful presence of Capitol Ministries, the Gospel continues to take root even in Montpelier's rocky soil.

If you would like to support Pastor Clark and Capitol Ministries Vermont, learn more via the QR code below.





III. SUMMARY

This study provides practical insights as to why you need to emphasize the study of Scripture—and why you need to be serious about habitual study of it this year! Consistent, prioritized Bible study is what we really need on a regular basis! Look at all of these bene-

fits! There are at least 15 benefits from forming this habit in your life! Start attending a CapMin Bible study if you are not attending already. Your Ministry Leader is available to help and encourage you in this discipline, friend! Here is the path to personal growth and spiritual maturity! Be like a tree firmly planted!



*Making Disciples
of Jesus Christ
in the Political Arena
Throughout the World*



Capitol Ministries® provides Bible studies, evangelism, and discipleship to political leaders.

Founded in 1996, Capitol Ministries has started ongoing ministries in more than forty U.S. state capitols and dozens of foreign federal capitols.

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