



DECEMBER 15, 2025

PUBLIC SERVANT
ENDORSEMENT 2

James Lankford
U.S. Senator, Oklahoma

VERSE OF THE WEEK..... 3
Philippians 4:6–7

MINISTRY UPDATE..... 5
*Pastor Mike Tindall Proclaiming
Biblical Truth to Washington
State's Leaders*

ABOUT CAPITOL MINISTRIES 8



POWERED BY LOGOS BIBLE SOFTWARE



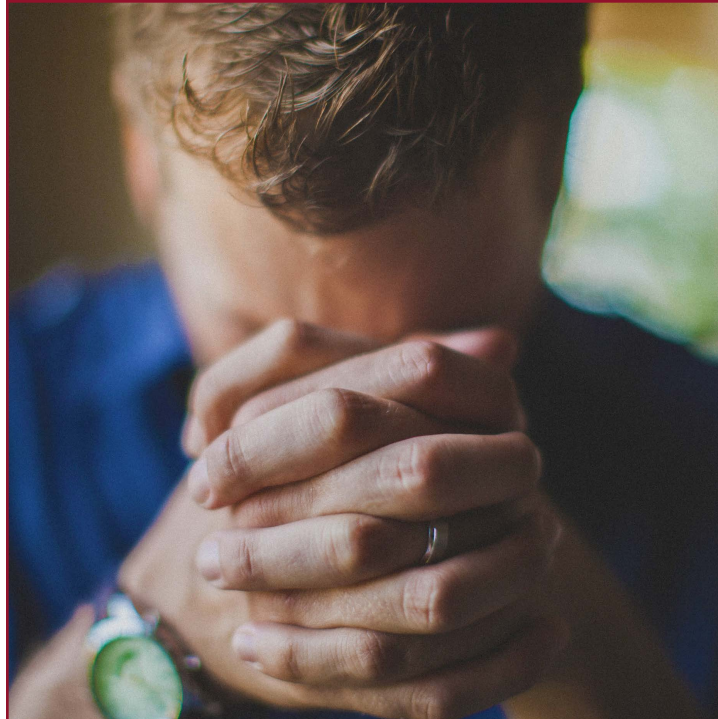
FOCUSED ON THE WORD

The Political Leaders Weekly Bible Study

UNITED STATES
BIBLE STUDY
SPONSORS

Elected in Eternity: BASIC BIBLE STUDIES FOR NEW BELIEVERS — PART 6 OF 12

Prayer



We all need to be repeatedly challenged to develop a commitment to prayer in our lives. Most believers are very weak in this area, but effective prayer is the determinant factor in every believer's eternal accomplishments! How is this daily discipline in your spiritual life?

As you read this chapter, consider how you can integrate consistent prayer into your life.

I. INTRODUCTION

The purpose of prayer is to express our submission to the sovereignty of God and our trust in His faithfulness. Prayer is the means by which we voice all that is in our hearts to our loving and wise Heavenly Father. Prayer is not to give God information because God knows everything. Prayer brings us into reverent communion with our Creator, worshipping Him and acknowledging Him as the Giver of all things.

WEEKLY BIBLE STUDIES

White House Cabinet and Governors: Wednesdays 8am (EST), light breakfast served

Senate Members: Tuesdays 8am, rotating offices, hot breakfast served

House Members: Thursdays 8am, Natural Resources, Longworth 1334, hot breakfast served

WHITE HOUSE CABINET AMBASSADORS AND GOVERNORS

Alex Acosta **DC**
Mike Braun **IN**
Phil Bryant **MS**
Dr. Ben Carson **DC**
Mike Dunleavy **AK**
Greg Gianforte **MT**
Mark Gordon **WY**
Pete Hegseth **DC**
Mike Huckabee **DC**
Sarah Huckabee Sanders **AR**
Mike Keboe **MO**
David Perdue **DC**
Sonny Perdue **GA**
Rick Perry **TX**
Jim Pillen **NE**
Tate Reeves **MS**
Kim Reynolds **IA**
Brooke Rollins **DC**
Kevin Stitt **OK**
Scott Turner **DC**
Russell Vought **DC**
Scott Walker **WI**
Glenn Youngkin **VA**

SENATORS

John Thune
Senate Majority Leader
Marsha Blackburn **TN**
Katie Britt **AL**
Ted Budd **NC**
Bill Cassidy **LA**
Kevin Cramer **ND**
Steven Daines **MT**
Joni Ernst **IA**
William Hagerty **TN**
Cindy Hyde-Smith **MS**
James Lankford **OK**
Markwayne Mullin **OK**
Mike Rounds **SD**
Tim Scott **SC**

REPRESENTATIVES

Mike Johnson
Speaker of the House
Mark Alford **MO**
Robert Aderholt **AL**
Rick Allen **GA**
Brian Babin **TX**
Don Bacon **NE**
Nick Begich **AK**
Michael Bost **IL**
Josh Brecheen **OK**
Tim Burchett **TN**
John Carter **TX**
Juan Ciscomani **AZ**
Rick Crawford **AR**
Jake Elzezy **TX**
Ron Estes **KS**
Glenn Grothman **WI**
Pat Harrigan **NC**
Kevin Hern **OK**
Richard Hudson **NC**
Bill Huizenga **MI**
Dusty Johnson **SD**
Jim Jordan **OH**
Doug LaMalfa **CA**
Nathaniel Moran **TX**
Gary Palmer **AL**
August Pfluger **TX**
David Rouzer **NC**
John Rutherford **FL**
Marlin Stutzman **IN**
Glenn Thompson **PA**
Tim Walberg **MI**
Randy Weber **TX**
Daniel Webster **FL**
Bruce Westerman **AR**
Roger Williams **TX**
Rob Wittman **VA**
Steve Womack **AR**
Rudy Yakym **IN**

The views expressed in each Bible Study are those of the author and do not necessarily reflect the position of any individual Bible Study sponsor.



PUBLIC SERVANT
ENDORSEMENT

James Lankford
U.S. Senator, Oklahoma



“The First Amendment [of the U.S. Constitution] reads: ‘Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.’

“In the words of founder James Madison, religious opinions are a ‘property of particular value.’ Our nation respects the right of everyone to have a faith, live that faith, change their faith, or have no faith at all.

“As a Christian, my faith isn’t just a hobby I practice on weekends. My faith impacts my daily life whether I’m in Washington, D.C., or my back yard.

Continued on page 4

II. THE NATURE OF PRAYER

A. PRAYER IS A SPIRITUAL DISCIPLINE

For the believer, prayer is a learning experience that must be developed into a spiritual discipline.

What did the disciples ask of Jesus in Luke 11:1? *It happened that while Jesus was praying in a certain place, after He had finished, one of His disciples said to Him, “Lord, teach us to pray just as John also taught his disciples.”*

According to the Apostle Paul, who assists us in our prayers? *In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words* (Romans 8:26).

In light of that kind of intercession, what should we do when we are not sure what to pray for?

B. PRAYER IS A PERSONAL RELATIONSHIP

Remember: Christianity is not simply a wealth of Bible knowledge; it is personal relationship with God! Prayer then is an exchange of intimacy with God. Learn to relish in it—not drudge it! Scripture tells us God is very interested in our personal struggles.

What does Psalm 34:15 say about the Lord?

*The eyes of the LORD are toward the righteous
And His ears are open to their cry.*

What did David bring before God in prayer in Psalm 142:2?

*I pour out my complaint before Him;
I declare my trouble before Him.*

How are we encouraged to approach God per Hebrews 4:16? *Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.*



Though we have the privilege of access to that throne of grace, what caution does Ecclesiastes 5:1–2 advise? *Guard your steps as you go to the house of God and draw near to listen rather than to offer the sacrifice of fools; for they do not know they are doing evil. Do not be hasty in word or impulsive in thought to bring up a matter in the presence of God. For God is in heaven and you are on the earth; therefore let your words be few.*

What comfort does 1 Peter 5:6–7 offer believers? *Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, casting all your anxiety on Him, because He cares for you.*

C. PRAYER IS EFFECTIVE

Prayer can change situations—and people. We are encouraged to pray, expecting results. For whom and for what purpose did the Church pray in Acts 12:5? *So Peter was kept in the prison, but prayer for him was being made fervently by the church to God.*

How did God answer their prayers according to Acts 12:7? *And behold, an angel of the Lord suddenly appeared and a light shone in the cell; and he struck Peter's side and woke him up, saying, "Get up quickly." And his chains fell off his hands.*

Besides answers, what else does God grant to those who pray? *Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus* (Philippians 4:6–7).

***The effective prayer of a righteous man
can accomplish much* (James 5:16).**

What is *effective* (*energeo*) prayer? It is believers' energetic, passionate prayers that *accomplish much*; those are the kinds of prayers that are heard by the Lord.

VERSE OF THE WEEK



Philippians 4:6–7

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.



Surrender your requests to
God's wise and loving plan.





Continued from page 2

“Elected officials have the same right as every other American: to have a faith and live their faith. I cannot and should not impose my faith on others, but neither can others impose their faith or lack of faith on me.

“We should be neutral to faith.

“In America, we have the free exercise of religion. You can choose any faith or no faith and still be a great American.

“You don’t have to choose between your faith and serving in public office or partnering with your government to serve your community.

“You can literally have your faith and live it too.”

Are you a passionate prayer warrior, or are your prayers reminiscent of cold mush? Reflective of this serious form of prayer is crying. No fewer than seven times in Scripture is crying associated with answered prayer (cf. Psalm 18:6; 34:6; 102:1; Isaiah 24:14; Lamentations 2:19; Joel 1:14 and Matthew 15:22).

III. THE PRACTICE OF PRAYER

A. PERSEVERANCE

Throughout the Bible, God encourages and commands believers to persevere in prayer. Luke 18:1 states, *Now He was telling them a parable to show that at all times they ought to pray and not to lose heart.* The disciples were taught that they should always pray. What were they taught not to do?

According to 1 Thessalonians 5:17, *Pray without ceasing*, what is God’s will for believers in Christ Jesus?

When should believers pray? *With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints* (Ephesians 6:18).

B. GOD’S HANDBOOK

In the Bible you will discover many guidelines to help you develop the practice of prayer. What did Jesus teach His disciples to expect if they persisted in prayer? *Then He said to them, “Suppose one of you has a friend, and goes to him at midnight and says to him, ‘Friend, lend me three loaves; for a friend of mine has come to me from a journey, and I have nothing to set before him’; and from inside he answers and says, ‘Do not bother me; the door has already been shut and my children and I are in bed; I cannot get up and give you anything.’ I tell you, even though he will not get up and give him anything because he is his friend, yet because of his persistence he will get up and give him as much as he needs. So I say to you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks, receives; and he who seeks, finds; and to him who knocks, it will be opened”* (Luke 11:5–10).

What does Jesus teach as a requirement for answered prayer? *“If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you”* (John 15:7).



According to 1 John 5:14, what is our confidence as we pray? *This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us.*

The Lord's Prayer

Jesus' Pattern for Prayer: Matthew 6:9–13

- Pray to God: **"Our Father who is in heaven,"**
- Exalt Him, saying, **"Hallowed be Your name."**
- Submit to Him, praying, **"Your kingdom come. Your will be done."**
- Look to Him, seeking, **"Our daily bread** [sustenance]."
- Confess to Him, pleading, **"Forgive us our debts** [sins]."
- Depend on Him, asking, **"Do not lead us into temptation."**
- Trust in Him, requesting, **"Deliver us from evil."**

List some of the hindrances to answered prayer.

*If I regard wickedness in my heart,
The Lord will not hear* (Psalm 66:18).

You ask and do not receive, because you ask with wrong motives, so that you may spend it on your pleasures (James 4:3).

You husbands in the same way, live with your wives in an understanding way, as with someone weaker, since she is a woman; and show her honor as a fellow heir of the grace of life, so that your prayers will not be hindered (1 Peter 3:7).

IV. THE STRUGGLE OF PRAYER

A. SACRIFICE

Prayer can be hard work. That should not keep us from prayer—even when it requires sacrifice. How long did Jesus pray before He selected the twelve apostles? *It was at this time that He went off to the mountain to pray, and He spent the whole night in prayer to God* (Luke 6:12).

MINISTRY UPDATE

Pastor Mike Tindall Proclaiming Biblical Truth to Washington State's Leaders



Throughout his 47 years of Bible-teaching ministry—whether in a church or in a hospital—Pastor Mike Tindall has witnessed one undeniable truth: “Where solid Bible truth is presented, the Spirit of God will accomplish His purposes for an individual’s life, as well as in a community’s culture.”

A desire to serve elected officials led Pastor Tindall to his current partnership with Capitol Ministries in his state capital of Olympia. “Capitol Ministries has been a pioneer mission ministry to the largely neglected political leadership of our communities,” he states. “They are making a Gospel impact in the world, and I am

Continued next page



Continued from previous page

pleased to be a part of that impact in Washington State.”

Following COVID and the 2020 lockdowns, the ministry had dwindled. With persistence and trust that God would clear the path, Pastor Tindall began reaching out to lawmakers. He had no insider sponsors or local assistance, yet he worked faithfully to build meaningful relationships with political leaders. He established a network of more than 30 senators, representatives, and legislative assistants who receive the Bible Studies via email.

In addition, two evangelistic outreaches have already been completed this year, reaching every single legislator and legislative assistant. These tireless efforts have already yielded significant fruit, and an excellent venue has now been secured for in-person Bible Studies beginning in January.

“Bible studies that are specifically geared to address the many challenges and pitfalls political leaders face are invaluable in helping them become the Spirit-empowered lawmakers God raised them up to be,” he says.

As the year draws to a close and a new one approaches,

Continued next page

Describe the intensity of Jesus as He prayed in the garden. *And being in agony He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground* (Luke 22:44).

What should believers be careful to do when we devote ourselves to prayer? *Devote yourselves to prayer, keeping alert in it with an attitude of thanksgiving* (Colossians 4:2).

B. DISCOURAGEMENT

Even when we are frustrated or discouraged, we can still approach God in prayer. According to Psalm 13:1–2, why was David discouraged?

How long, O LORD? Will You forget me forever?

How long will You hide Your face from me?

How long shall I take counsel in my soul,

Having sorrow in my heart all the day?

How long will my enemy be exalted over me?

What was David’s complaint in Psalm 22:2?

O my God, I cry by day, but You do not answer;

And by night, but I have no rest.

C. GOD’S PURPOSES

Prayer is governed by God’s sovereignty, and His purpose determines His answer to our prayers.

Because of the surpassing greatness of the revelations, for this reason, to keep me from exalting myself, there was given me a thorn in the flesh, a messenger of Satan to torment me—to keep me from exalting myself! Concerning this I implored the Lord three times that it might leave me. And He has said to me, “My grace is sufficient for you, for power is perfected in weakness.” Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me (2 Corinthians 12:7–9).



Read Mark 14:35–36: *And He went a little beyond them, and fell to the ground and began to pray that if it were possible, the hour might pass Him by. And He was saying, “Abba! Father! All things are possible for You; remove this cup from Me; yet not what I will, but what You will.”*

For what did Paul pray?

How many times did he pray for it?

Did he receive what he asked for? Why or why not?

What did Jesus ask of the Father concerning His “hour” of suffering?

Yet, what was Jesus willing to do?

The “ACTS” Prayer

A — ADORATION: Reflect on God Himself. Praise Him for His attributes, His majesty, and His gift of Christ.

C — CONFESSION: Admit to God that you have sinned. Be honest and humble. Remember, He knows you and loves you.

T — THANKSGIVING: Tell God how grateful you are for everything He has given you—even the unpleasant things. Being thankful will help you see His purposes.

S — SUPPLICATION: Make specific requests. Pray for others first, then for yourself.

Notice the first letters of these four words: **ACTS**.
Use them as a mental guide to maintain balance as you pray.

Continued from previous page

Pastor Tindall is eager to see what the Lord will do next. He remains steadfast in his commitment to influence public servants with the Word of God—not only while they serve at the Capitol, but also as they return to their hometowns. When God changes us, He changes the whole of our character—in our jobs and in our homes.

“Bible truths dispel error and evil, just as light dispels darkness. Communities thrive under the leadership of godly individuals who live lives of integrity and wisdom based on clearly understood biblical principles,” Tindall affirms.





V. APPLICATION

Compose a simple prayer following the ACTS model.



*Making Disciples
of Jesus Christ
in the Political Arena
Throughout the World*



Capitol Ministries® provides Bible studies, evangelism, and discipleship to political leaders. Founded in 1996, Capitol Ministries has started ongoing ministries in more than forty U.S. state capitols and dozens of foreign federal capitols.

Capitol Ministries
Mail Processing Center
Post Office 30994
Phoenix, AZ 85046
661.288.2622
capmin.org

© 2025 Capitol Ministries®
All rights reserved.



[/capitolministries](http://capitolministries)

Surrender your requests to God's wise and loving plan, acknowledging your willingness to receive His answer with thankfulness.

Second Corinthians 4:16 states: *Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day.*

ESTABLISHED MINISTRIES: UNITED STATES

Albany NEW YORK • Annapolis MARYLAND • Atlanta GEORGIA • Augusta MAINE • Austin TEXAS • Bismarck NORTH DAKOTA • Boise IDAHO
Boston MASSACHUSETTS • Denver COLORADO • Dover DELAWARE • Carson City NEVADA • Charleston WEST VIRGINIA • Cheyenne WYOMING
Columbia SOUTH CAROLINA • Columbus OHIO • Concord NEW HAMPSHIRE • Des Moines IOWA • Hartford CONNECTICUT
Harrisburg PENNSYLVANIA • Helena MONTANA • Honolulu HAWAII • Jefferson City MISSOURI • Juneau ALASKA • Lansing MICHIGAN
Lincoln NEBRASKA • Little Rock ARKANSAS • Madison WISCONSIN • Montgomery ALABAMA • Montpelier VERMONT
Nashville TENNESSEE • Oklahoma City OKLAHOMA • Olympia WASHINGTON • Phoenix ARIZONA • Providence RHODE ISLAND
Raleigh NORTH CAROLINA • Richmond VIRGINIA • Sacramento CALIFORNIA • Saint Paul MINNESOTA • Salem OREGON
Santa Fe NEW MEXICO • Springfield ILLINOIS • Topeka KANSAS • Trenton NEW JERSEY

ESTABLISHED MINISTRIES: INTERNATIONAL

Brussels BELGIUM • Porto Novo BENIN • Brasilia BRAZIL • Ouagadougou BURKINA FASO • Gitega BURUNDI • Yaounde CAMEROON • Manitoba CANADA
Bangui CENTRAL AFRICAN REPUBLIC • San Jose COSTA RICA • Yamoussoukro COTE D'IVOIRE • Kinshasa DEMOCRATIC REPUBLIC OF THE CONGO
Quito ECUADOR • Malabo EQUATORIAL GUINEA • Mbabane ESOWATINI • Addis Ababa ETHIOPIA • Brussels EUROPEAN PARLIAMENT
Helsinki FINLAND • Suva FIJI • Libreville GABON • Strasbourg GERMANY • Accra GHANA • Conakry GUINEA • Port-au-Prince HAITI
Tegucigalpa HONDURAS • New Delhi INDIA • Rome ITALY • Nairobi KENYA • Riga LATVIA • Monrovia LIBERIA • Vilnius LITHUANIA
Antananarivo MADAGASCAR • Lilongwe MALAWI • Mexico City MEXICO • Chisinau MOLDOVA • Maputo MOZAMBIQUE • Nauru • Kathmandu NEPAL
Wellington NEW ZEALAND • Abuja NIGERIA • Skopje NORTH MACEDONIA • Oslo NORWAY • Ngerulmud PALAU • Port Moresby PAPUA NEW GUINEA
Warsaw POLAND • Brazzaville REPUBLIC OF THE CONGO • Bucharest ROMANIA • Apia SAMOA • Edinburgh SCOTLAND • Belgrade SERBIA • Freetown SIERRA LEONE • Bratislava SLOVAKIA • Honiara SOLOMON ISLANDS • Pretoria SOUTH AFRICA • Seoul SOUTH KOREA
Sri Jayawardenepura Kotte SRI LANKA • Bern SWITZERLAND • Papeete TAHITI • Dodoma TANZANIA • Nukualofa TONGA • Kyiv UKRAINE
London UNITED KINGDOM • Washington, D.C. USA • Montevideo URUGUAY • Port Vila VANUATU • Cardiff WALES • Lusaka ZAMBIA • Harare ZIMBABWE